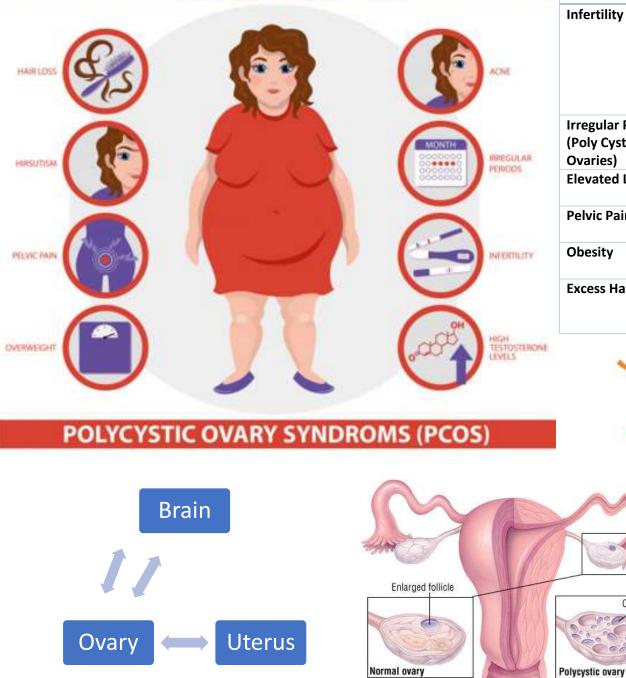
## **PCOS SYMPTOMS:**



Issue	Treatment
Infertility	<ul> <li>Weight Loss</li> <li>Diet (Low Carbohydrate)</li> <li>Exercise (Muscle Building Exercises)</li> <li>Bariatric Surgery</li> <li>Oral Contraceptive Pills</li> <li>Assisted Fertility Reproductive Treatment</li> </ul>
Irregular Periods (Poly Cystic Ovaries)	Oral Contraceptive Pills Weight Loss
Elevated Lipids	Weight Loss (Diet/Exercise/Bariatric Surgery) Metformin
Pelvic Pain	Depends on cause (Obtain Ultrasound)
Obesity	Weight Loss (Diet/Exercise/Bariatric Surgery)
Excess Hair Growth	Hair Removal Creams Oral contraceptive pills Anti-Androgenic Medications







DIET

WEIGHT EXERCISE

Cysts

BIRTH CONTROL PILLS



DAVIE OBGYN – Dr Malik / Dr Talavera 1200 N University Drive, Plantation - 954-791-3090 www.DavieObGyn.com