

PCOS SYMPTOMS:



POLYCYSTIC OVARY SYNDROMS (PCOS)

Issue	Treatment
Infertility	Weight Loss <ul style="list-style-type: none"> Diet (Low Carbohydrate) Exercise (Muscle Building Exercises) Bariatric Surgery Oral Contraceptive Pills Assisted Fertility Reproductive Treatment
Irregular Periods (Poly Cystic Ovaries)	Oral Contraceptive Pills Weight Loss
Elevated Lipids	Weight Loss (Diet/Exercise/Bariatric Surgery) Metformin
Pelvic Pain	<i>Depends on cause...</i> (Obtain Ultrasound)
Obesity	Weight Loss (Diet/Exercise/Bariatric Surgery)
Excess Hair Growth	Hair Removal Creams Oral contraceptive pills Anti-Androgenic Medications

